

Learning Disability Resources

Disability
West Lothian

Factsheet 2

May 2006

This sheet is the second in a series promoting the resources available from Disability West Lothian based at The Ability Centre in Livingston.

Below is a range of topics available from the learning disability resources.

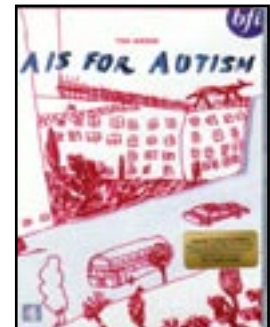
- Advocacy
- Autism
- Bereavement and Grief
- Communication
- Employment
- Family
- Fiction
- Health
- History of Learning Disability
- Holiday and Recreation
- Housing
- Mental Health
- Older People
- Personal Safety and Assertiveness
- Relationships and Sexuality
- Reports and Resource Packs
- Transition

Karen Strang the Information and Research Worker for Learning Disabilities is available to help with any enquiries.



A is for Autism

This award-winning film offers a short glimpse into the condition of autism.



Using words, drawings, music and animation all contributed by people with autism.

Autism or Autistic Spectrum Disorder

What is Autism / ASD?

Autistic spectrum disorder affects individuals in their ability to:

- Understand and use-verbal and non-verbal communication.
- Interpret social behaviour which in turn affects their ability to interact with children and adults
- Think and behave flexibly (i.e. To know how to adapt their behaviour to suit specific situations).

Individuals may also be quite different from each other, in their abilities and areas of strength and weaknesses.

You Don't Know What It's Like

This book focuses on innovative ways of making contact with individuals with autistic spectrum disorder, in particular those with learning disabilities.

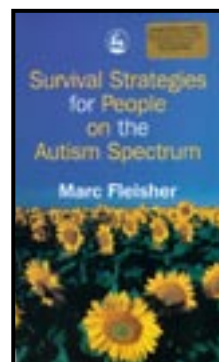


The title reflects the frustration of a woman with severe learning difficulties and challenging behaviour who uttered these words-the only words the author ever heard her say-as a cry for help.

Survival Strategies for People on the Autism Spectrum

Survival Strategies is an invaluable source of advice and reassurance for people with autistic spectrum disorders across a wide age range.

Other readers such as relatives and friends of people on the autism spectrum and professionals such as educators or therapists will find it provides a host of new insights.



Number 6 One-Shop Stop

Is for Adults (16+) with High Functioning Autism or Asperger Syndrome who live in Lothian.

Number 6 is based at 6 Melville Crescent, Edinburgh, EH3 7JA.

Telephone: 0131 240 2370

www.number6.org.uk

Lothian Autistic Society



The Lothian Autistic Society aims to ensure that people with Autistic Spectrum Disorders receive appropriate care, support and individual development services.

They aim to promote and support choice, independence, rights, privacy and dignity for people with autism and their families and carers.

Contact Colin on Tel. 0131 554 9362

Disability West Lothian Contact Details

Address -

West Lothian Ability Centre
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Livingston, West Lothian
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Telephone Numbers -

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Web Sites - www.dwl.demon.co.uk & www.livingbook.co.uk

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